

MULTI-SERVICE SENIOR CENTER

40086 Paseo Padre Pkwy Fremont CA 94538 www.fremont.gov

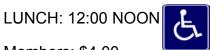
Ticket Information: 790-6610

Office: 790-6600

MARCH 2006 LUNCH

Vegetarian Option Available by prior arrangement with Chef Please speak to the Chef before 10:00 am for special dietary needs.

To Go Tickets Must Be Deposited At The Large Kitchen Window Immediately After Purchase.



Members: \$4.00 Non Members: \$6.00

TICKETS SOLD: FIRST-COME, FIRST SERVED NO REFUNDS, NO EXCHANGES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Oven Baked Spare Ribs, BBQ Sauce Vegetable, Salad, Salad Roll, Dessert	Chicken Cordon Bleu, Rice Pilaf, Salad, Vegetable, Roll Dessert	Grilled Top Sirloin, Baked Potato, Salad, Vegetable, Roll, Dessert
Chicken Saltimbocca, Rice Pilaf with saffron, Vegetable, Salad, Roll, Dessert	T Los Amigos Meat Loaf, Mashed Potatoes and Gravy, Roll Vegetable, Salad, Dessert	Roast Pork Loin w/ 8 Honey Mustard Smothered Potatoes, Gravy, Vegetable, Roll, Dessert	Taco Salad Dessert	Birthday Party Roast Turkey, Mashed Potatoes & Gravy, Roll, Vegetable, Salad, Dessert
Oven Fried Chicken, Steamed Potatoes smashed with Garlic, Vegetable, Salad, Roll,	Beef Stew with Corn Bread, Vegetables, Salad, Dessert	Tomato Orange Soup, Chicken Breast Italian over Pasta, Salad, Vegetable, Roll, Dessert	Grilled Liver & Onions, Mashed Potatoes with Gravy, Vegetable, Salad, Roll, Dessert	St. Patrick's Day Corned Beef & Cabbage Potatoes, Salad, Dessert Roll, Non-Alcoholic Beer
Chicken ala Indian Over Basmati Rice, Curried Vegetables, Salad, Roll, Dessert	Pork Chops w/ Corn Bread Dressing, Gravy, Vegetable, Salad, Roll, Dessert	International Food Festival \$5 Senior Center Mem. \$7 non members	Honey & Mustard Baked Salmon, Multi Grain Pilaf, Vegetable, Salad, Roll, Dessert	Salisbury Steak, Mashed Potatoes & Gravy, Vegetable, Salad, Roll, Dessert
Roasted Tri-Tip, Baked Potato, Gravy, Vegetable, Salad, Roll, Dessert	Roasted Potatoes,	Italian Roasted Chicken with Orzo, Garlic Bread Vegetable, Salad, Dessert	Grilled Snapper with Onions, Peppers, Olive Oil & Lemon, Vegetable, Salad, Roll, Dessert	Roasted Chicken Breast w/ Basil & Sun Dried Tomatoes, Pasta, Salad, Vegetable, Roll, Dessert

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS. Please Note: If you take food home with you from the meal site, it is done at your own risk. Be sure to eat food or refrigerate it within 30 minutes of leaving the site. Reheat in a 350 degree oven until bubbly for 5 minutes. Discard any food left after 3 days.